Children 8 and younger use almost two and a half hours (2:24) of screen media a day.

Television and video viewing accounts for most screen use.

Online video (e.g., YouTube) is king!
Differences in screen time by race/ethnicity and income continue to expand.

Average time 0- to 8-year-olds spent with screen media daily:

- **White**: 1:52
- **Hispanic/Latinx**: 3:03
- **Black**: 4:09
- **Lower income**: 3:48
- **Higher income**: 1:52

Children need computers and internet access more than ever, but many in lower-income families still lack access at home.

Home **computer** access among 0- to 8-year-olds:

- **Higher income**: 95%
- **Lower income**: 48%

Home **internet** access among 0- to 8-year-olds:

- **Higher income**: 94%
- **Lower income**: 42%

*“Lower income” is less than $30,000 a year; “higher income” is more than $75,000 a year.*