DEALING WITH DEVICES: The Parent-Teen Dynamic

Are We Addicted?

- 59% of parents feel their teens are addicted to their mobile devices.
- 50% of teens feel their parents are addicted to their mobile devices.
- 72% of teens feel the need to immediately respond to texts, social-networking messages, and other notifications.
- 48% of parents feel addicted to their mobile devices.
- 27% of parents feel their teens are addicted to their mobile devices.

Is It Causing Family Conflicts?

- 32% of parents and 36% of teens say mobile devices are not allowed at the dinner table.
- 66% of parents feel their teens’ use of mobile devices has made no difference in or even has helped their relationship.
- 85% of teens feel their parents’ use of mobile devices has made no difference in or even has helped their relationship.
- 89% of teens feel their parents get distracted by devices and don’t pay attention when they are together.
- 41% of teens feel their parents get distracted by devices and don’t pay attention when they are together.

Learn more at: CommonSense.org/Addiction-Research